

SimpleJoySaralAnand

THE PTA KIT · FREE

Start a Friday Noticing Circle at your school.

No curriculum. No training. Fifteen minutes a week, four small volunteer roles, and a script you read straight from. This booklet is everything you need to begin.

#UdyamMe_EntrepreneurialChild

“Don’t be awed. Create awe.”

No Entrepreneur Left Unsprouted.

THE IDEA

What a Friday Noticing Circle is

You already gather parents and children. With fifteen minutes a week, that gathering can build the entrepreneurial habit across a whole school — not through a lesson, but through one simple ritual any parent can run.

Every Friday, before pickup, a small circle of children (and any parents who can come) share one thing they noticed that week — a problem, a gap, an idea. No grading. No winners. Just noticing, out loud, together, until it becomes how the school sees the world. It spreads the way good things spread among children: sideways, from one child to the next.

You do not need to be trained. You need four volunteers, a corner, and this booklet.

HOW TO USE THIS GUIDE

Read it once — about fifteen minutes. Recruit your four volunteers (page 4), print the role cards and the Idea Notebook pages at the back, then run your first Circle straight from the script (page 6). The start-up checklist on page 7 turns this booklet into a to-do list. There is a separate slide deck if you want to pitch the idea at a PTA meeting — but this Guide is all you need to actually run a Circle.

WHY IT WORKS

Children mostly *receive* all day — instructions, facts, right answers. The Circle asks them to *generate*: to notice, wonder, and form their own idea. That single shift, practiced weekly, changes how a child meets every problem.

SHARE THE LOAD

The four roles

A Circle runs on four small volunteer roles. No single parent carries it, and it survives when any one person moves on. Fill all four before your first Friday — the tear-out cards are on the next page.

- 1 The Circle Host** — runs the fifteen-minute Friday Circle and keeps the rhythm going, week to week.
- 2 The Notebook Keeper** — makes sure every child has an Idea Notebook, and that it actually gets used.
- 3 The Story Catcher** — collects what children noticed and built, and shares the wins with families.
- 4 The Bridge** — connects families to mentors, resources, and each other — the school's connector.

THE ONLY RULE FOR ALL FOUR

Never grade a child's answer. Never fix it. Write it down as they said it, and ask "Tell me more." The not-correcting is the gift.

Role cards

FRIDAY CIRCLE

The Circle Host

I run the 15-minute Circle every Friday and keep it going week to week. I read the script. I never grade or fix — I only ask “Tell me more.”

FRIDAY CIRCLE

The Notebook Keeper

I make sure every child has an Idea Notebook and that it is used each week. I bring spare pages and pencils.

FRIDAY CIRCLE

The Story Catcher

I collect what children noticed and built, and I share the wins with families — a note home, a board, a message.

FRIDAY CIRCLE

The Bridge

I connect families to mentors, resources, and each other. When a child’s idea needs a grown-up, I find one.

Friday Circle script — 15 minutes

You do not need to prepare. Sit the children in a circle and read the *italic* lines aloud. Do the **GRAY** instructions.

0–2 min · Settle

“Let’s take three big square breaths together. Breathe in — two, three, four. Hold. Out — two, three, four. Hold.” (Do it three times.)

2–4 min · The question

“This week I want to know: what did you notice that you had not noticed before? Anything at all — something small, something odd, something that bugged you.”

GIVE IT A SLOW COUNT OF TEN. SILENCE IS FINE.

4–12 min · Around the circle

“Let’s go around. You can pass if you like.”

EACH CHILD SHARES. THE NOTEBOOK KEEPER WRITES EACH ANSWER DOWN — WORD FOR WORD. AFTER EACH ONE, THE HOST SAYS ONLY:

“That’s interesting. Tell me more.”

12–14 min · One step further

“Pick one thing we heard. What might someone try, because of that?”

TAKE TWO OR THREE IDEAS. DO NOT JUDGE THEM.

14–15 min · Close

“Great noticing this week. Keep your eyes open — I want to hear what you find next Friday.”

Start-up checklist

Everything on this list can be done in a week.

- ☐ Find four volunteers — one for each role (page 3).
- ☐ Pick a Friday, a time (before pickup works best), and a corner or classroom.
- ☐ Print the role cards (page 4) and the Idea Notebook pages (page 7).
- ☐ Photocopy enough notebook pages for every child, and staple sets into little books.
- ☐ Send the one-paragraph note home (below) so families know it is starting.
- ☐ Run your first Circle from the script. Then — the only real secret — run it again next Friday.

COPY-PASTE NOTE HOME TO FAMILIES

"This Friday we're starting a Noticing Circle — fifteen minutes where children share one thing they noticed that week. There's nothing to prepare and no right answers. It builds curiosity and confidence, and it's completely free. Ask your child what they noticed — and come join us if you can."

The family assembly script

Read this at a PTA meeting or a school assembly to launch the program. Ten minutes, no slides required.

OPEN

“Every child is born noticing everything and afraid of nothing. Then the world slowly teaches them to stop. Tonight I want to show you a fifteen-minute habit that keeps that spark alive — and it costs nothing.”

THE IDEA

“A child needs one steady adult who asks real questions and writes down the answers. That builds the entrepreneurial mind — the mind that notices problems and tries to solve them. We’re going to do that, together, every Friday.”

SHOW IT

“Let’s try one breath and one question right now.”

RUN ONE ROUND OF BOX BREATHING AND ASK THE ROOM: “WHAT DID YOU NOTICE ON THE WAY HERE TODAY?” TAKE THREE ANSWERS. SAY “TELL ME MORE” TO EACH.

THE ASK

“That’s the whole thing. We need four volunteers to keep it going, and we need you to ask your child one question a week at home. Who’s in?”

SEE IT IN ACTION

One school's first month

Meet the first Friday Circle at a small primary school — eight children and one parent volunteer, **Priya, as Circle Host**. The children's words are in teal; the labels are the booklet's. Every Circle is different — this is only to show you what four Fridays can look like.

FRIDAY 1 · THE FIRST CIRCLE

Priya read the script cold. Ten seconds of silence, then: *"The water fountain by Room 3 has been broken since forever."* Three children nodded. The Notebook Keeper wrote it down — word for word.

FRIDAY 2 · IT SPREADS

Word had gone around the class. *"The little kids can't reach the top hook in the cloakroom."* Priya said only, "Tell me more." Six hands went up.

FRIDAY 3 · FROM NOTICING TO TRYING

"Someone could make a sign so people stop trying the broken one." Two children drew one at lunch and taped it up — nobody asked them to.

FRIDAY 4 · THE HABIT TAKES

Children arrived already holding things they'd noticed. Priya barely needed the script. The Story Catcher sent the first note home: *"Ask your child about the cloakroom hooks."*

From a broken fountain nobody mentioned — to a class that walks in noticing. Four Fridays, one corner.

This school is a composite; the moments are illustrative — but every one is the kind of thing a real Circle surfaces.

Idea Notebook — 8 weeks

Every child keeps one. Photocopy the next four pages, or staple sets into little books — one entry per Friday. The notebook is the child's, and it goes home with them.

Each Friday: 3 × Box Breathing · What did you notice? · Write it word for word · "Tell me more."

FRIDAY CIRCLE · WEEK 1

Name _____ Date _____

WHAT I NOTICED THIS WEEK

TELL ME MORE...

SOMETHING SOMEONE COULD TRY

FRIDAY CIRCLE · WEEK 2

Name _____ Date _____

WHAT I NOTICED THIS WEEK

TELL ME MORE...

SOMETHING SOMEONE COULD TRY

FRIDAY CIRCLE · WEEK 3

Name _____ Date _____

WHAT I NOTICED THIS WEEK

TELL ME MORE...

SOMETHING SOMEONE COULD TRY

FRIDAY CIRCLE · WEEK 4

Name _____ Date _____

WHAT I NOTICED THIS WEEK

TELL ME MORE...

SOMETHING SOMEONE COULD TRY

FRIDAY CIRCLE · WEEK 5

Name _____ Date _____

WHAT I NOTICED THIS WEEK

TELL ME MORE...

SOMETHING SOMEONE COULD TRY

FRIDAY CIRCLE · WEEK 6

Name _____ Date _____

WHAT I NOTICED THIS WEEK

TELL ME MORE...

SOMETHING SOMEONE COULD TRY

FRIDAY CIRCLE · WEEK 7

Name _____ Date _____

WHAT I NOTICED THIS WEEK

TELL ME MORE...

SOMETHING SOMEONE COULD TRY

FRIDAY CIRCLE · WEEK 8

Name _____ Date _____

WHAT I NOTICED THIS WEEK

TELL ME MORE...

SOMETHING SOMEONE COULD TRY

KEEP IT GOING

After your first month

FREE SUPPORT

YouTube episodes — free, search **SimpleJoy SaralAnand**. **The 52-Week Family Workbook** — send it home with families who want the full year at their own kitchen table.

GROW THE CIRCLE

Once one Circle is steady, start a second class. The four roles make it easy to hand off — that is the whole point of them.

“Don’t be awed. Create awe.”

Entrepreneurs are not born. They are ingrained, nurtured, and raised.

No Entrepreneur Left Unsprouted.

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